



Milton/Alpharetta Resource List:

Therapists:

Julianne Auerbach, LPC

470.283.9233

www.symmetrycounseling.org

- **Specialties:** Trauma, Reiki, Psychological Testing, Counseling, Addictions, Yoga

Ashley Bobo, LCSW

678.288.6221

www.wellviewcounseling.com

Specialties: Anxiety, Depression, children and adolescents

William L. Buchanan, PH.d, ABPP

678.624.0310 x. 0

<https://www.northpointpsychology.com/location.html>

- **Specialties:** Adoption/foster care issues, Developmental disabilities, OCD, Autism Aspergers, PTSD

Lucia Caltabiano, LMSW

470.594.2335

<https://www.psychologytoday.com/us/therapists/lucia-caltabiano-duluth-ga/761014>

- **Specialties:** Sexual identity, substance use disorders, and eating disorders

Nina Cason, LCSW

678.758.0616

www.hirtpsychology.com

- **Specialties:** Self-worth issues, Body Image, Substance Abuse, Depression, Grief & Loss

Tara Towler Cumby, LPC

404.580.7150

www.towler-counseling.com

- **Specialties:** Pregnancy Loss, Postpartum, Anxiety, Trauma, Bi-polar, Depression, Adolescents, Trauma

Lauren Dack, LPC, LMFT

404.913.1102

<https://www.joyfullifecounseling.org/>

Specialties: Christian Sex Therapy, Affair Recovery, Premarital/Marital counseling

Jennifer Finch, LPC

678.428.2730

www.beherenowmindfulness.com

- **Specialties:** Trauma, Coaching, and Meditation

Joy Fortanbary, Counseling Intern

404.465.3764

<https://growcounseling.com/team/joy-for-tanbary/>

- **Specialties:** Trauma, Addictions, and Sexual Identity

Elizabeth Gould, LCSW

404-723-9983

Elizabethhansenlcsw@gmail.com

- **Specialties:** Anxiety, parenting and depression

Ian Halstead, LCSW

678.792.8677

www.resolutiondbt.com

- **Specialties:** PTSD



Brad Hieger, Ph. D

404.388.3909

www.focusforwardcc.com

Specialties: Psychological testing, Neurological testing, anxiety, depression, eating disorders

Dr. Sean M. Hirt,

678.758.0616

www.hirtpsychology.com

- **Specialties:** High functioning Autism, Substance abuse, Depression, Grief & Loss

Laura Jalbert, LCSW

678.637.7166

www.mindfultransitions.com

Specialties: Older adults (65+) issues including health changes, caregiver stress, in home/assisted living

Tanya, Jones, LCSW, CADC

770.235.3633

www.tanyaprimojones.com

- **Specialties:** Addiction/Recovery, Family Dynamics, Codependency, Grief, Yoga and Trauma

Johanna Limmer, MC, LPC, NCC

770.626.0510

Therapy Phoenix, LLC

therapyphoenix@gmail.com

<https://www.psychologytoday.com/us/therapists/johanna-limmer-tampa-fl/78705>

- **Specialties:** Personality disorders, Self-harm, Eating Disorders, and Trauma; licensed in GA and FL

Tatiana Matthews, LPC, CRC

770.815.6853

www.atlantaspecializedcare.com

- **Specialties:** Mood, Trauma, addiction, and Impaired Executive Functioning;

Elaine Moss, LCSW

770.283.8386

empowercounseling.net

Specialties: Anxiety, Depression, LGBT+Affirming, Trauma

Thomas Mott, LPC, CAADC, MAC

470.893.1052

<https://attentocounseling.com/cumming-alpharetta-2/>

- **Specialties:** Trauma, Addiction, Men's Issues, Anger Management, Anxiety, and Depression

**Amanda Peterson Johnson, MS, LAMFT
Relate Counseling**

404.618.0601

ajohnson@relatecounseling.com

www.relatecounseling.com

Specialties: Intimacy, Infidelity, Premarital, Anxiety, Depression, Post grad issues, Grief

Tiffany Poke, LCSW, Ed.S

678.400.9477

www.keycounselingatl.com

- **Specialties:** Anxiety with children and adolescent from ages 4-12; utilizes play therapy; provides multicultural counseling



Eddie Reece, MS, LPC, BC-TMH

770-671-1814

<https://gettingalong.net/>

- **Specialties:** Men's issues, Pornography, Substance Abuse Recovery, and Depression

Thad Reece, Psy. D

404.430.1617

kmpatlanta.com

- **Specialties:** Psychological testing, ADHD, LD, Asian Identified clients, Game and Porn addiction

Lisa Reid, LCSW

804.627.2365

<https://essentialconnections.net/about-me/>

- **Specialties:** Grief, Loss, Anxiety, Depression, Learning Disorders, Executive Function Issues

Paige Santmyer, APC

678.534.3824

paige@resorationcounselingatl.com

www.restorationcounselingatl.com

- **Specialties:** Marriage, Relationship issues, Christian counseling

Krista Smith, CEO

Center Recovery Programs

770.410.4804

www.centeredrecovery.com

- **Specialties:** Neuropsychology, depression, anxiety, stress, and mindfulness

Dr. A. Sutherland, Jr, LPC, BC-TMH

770.853.6372

www.TheSutherlandCenter.com

- **Specialties:** In home counseling, Multicultural counseling father-child relationships, Youth with sex-offending behaviors, and grief

Shally Vaid, LPC

678.209.1732

www.bptwcenter.com

Specialties: Postpartum Depression, Bipolar Disorder, ADHD, Trauma, Grief

Lashundra Vines, LPC

678.206.8819

<https://healingrestorationsconsulting.org/>

- **Specialties:** Bipolar, Anxiety, Depression, Life/social skills, women's issues, Adolescents

Laura Ware, LPC

678.327.7102

www.laurawarelpc.com

- **Specialties:** Depression, anxiety, Bi-polar Disorder, Borderline Personality Disorder, and PTSD

Claudia Warren-Wheat, LCSW

678.926.1262

<https://www.psychologytoday.com/us/therapists/claudia-warren-wheat-alpharetta-ga/431219>

- **Specialties:** Anxiety, Depression, and Women's Issues



Sanona Williams, LPC

770.615.0944

sanona@pathtochange.net

www.pathtochange.net

- **Specialties:** Multicultural counseling, premarital counseling, affair recovery

Summit Counseling - onsite at schools

678.893.5300 info@summitcounseling.org

www.summitcounseling.org

Specialties: Adoption, ADHD, and Autism Spectrum Disorder

Psychological Hospitals:

Hillside Atlanta Hospital

404.875.4551 x 1017

www.hside.org

- **Specialties:** Clients from ages 5-25 struggling with severe anxiety or mood dysregulation, needing inpatient or intensive in home counseling

Pyramid Family Behavioral Healthcare

724.814.4358

PyramidFBH.com

- **Specialties:** Outpatient treatment program for mood disorders, substance use disorders, and anxiety disorder

Ridgeview Institute

844.350.8800 www.ridgeviewinstitute.com

- **Specialties:** Mental Health issues; Substance Abuse; Outpatient Telehealth; 24/7 access; Serves Youth-Adults

Skyland Trail Adolescent Psychiatric Residential Program

678.686.5926 www.skylandtrail.org

Walden Behavioral Care

888.305.2997

<https://www.waldenbehavioralcare.com/>

- **Specialty:** Eating Disorders

Crisis Resources:

Georgia Crisis & Access Line (GCAL)

1.800.715.4225

<https://www.georgiacollaborative.com/providers/georgia-crisis-and-access-line-gcal/>

- **Specialties:** Available 24/7/365, Provides telephone crisis intervention, dispatch a mobile crisis team, link people to urgent appointment services

National Suicide Prevention Lifeline

1.800.273.8255

- **Specialty:** Free 24/7 confidential help

Crisis Text Line

Text HOME to 741741

- **Specialty:** 24/7 Free confidential texting service to anyone in crisis

Additional Resources:

LRJ Foundation

Mental Wellness, Healthy Relationship, & Suicide Prevention Education

TeamLRJ@lrjfoundation.com

www.LRJFoundation.com

Facebook, Instagram & Twitter: @Lrjfoundation