



Paige Santmyer

MA, NCC, APC

Paige has worked at Restoration Counseling of Atlanta for two years now as an associate professional counselor serving the Roswell area and surrounding community. She works with individual adults and teens around issues of depression, anxiety, mood disorders, relationship issues, trauma, and life transitions.

Paige completed her undergraduate work at the University of Virginia, earning her BA in Psychology. Prior to attending graduate school, Paige enjoyed working in various industries in management roles and developed a passion for helping people grow and develop. Once she became a parent, Paige focused on raising her children and began volunteering with youth and women's ministries at her home church. This developed into a passion for helping others navigate life's difficulties. It was during this journey that Paige was called to Richmond Graduate University, where she earned her degree as a Clinical Mental Health Counselor with a certificate in Trauma Counseling. She obtained valuable experience working at Richmond's Hope Counseling Center, providing counseling to individuals of all ages experiencing depression, anxiety, mood disorders, relationship issues, trauma, and life transitions. In addition, she gained a wealth of knowledge and experience through counseling adolescents at an Atlanta-based mental health hospital during her internship year.

As a counselor, Paige is passionate about working with individuals through the daily struggles of their life, whether it is in their marriage, relationship issues, or personal problems. She highly values the power of the therapeutic relationship and has an authentic ability to meet clients exactly where they are. Paige believes individuals can best grow when they are met with an environment of genuineness, warmth, acceptance, and empathy. Therefore, she is committed to providing a safe and comfortable atmosphere, where clients can explore the challenges they are facing. She also believes in addressing the individual's entire personhood, assessing needs in all domains of life instead of focusing solely on mental health needs. Paige uses a combination of techniques, drawing from client-centered therapy, Cognitive Behavioral Therapy, and positive psychology. Paige has been a lead presenter with the LRJ Foundation since 2018.