



Taylor Guttlesman

MA

Taylor Guttlesman is a current outpatient art therapist, offering services to children, adolescents and adults in a private practice setting. Taylor graduated with her Masters in Art Therapy from Marywood University in 2020, specializing in art therapy with individuals with Autism and Intellectual Disabilities during her graduate career. Her goal as an art therapist is to help clients explore their personal voice and to provide a safe, supportive, and empathetic environment to do so. Her therapeutic style centers around a holistic approach that values the mind, body, and spirit as intertwined entities. Taylor believes that it is an honor to be a witness to her clients' stories, and it is her hope that her clients find a sense of inner peace and empowerment throughout their art therapy journey together.

SPECIALTIES AND INTERESTS:

Mindfulness Based Art Therapy
Guided Meditation
Autism & Intellectual Disabilities